

## BEAUTY &amp; FASHION

# My quest for beautiful skin, part II

Local aesthetic physician offers effective, painless procedures.

BY MELISSA SCHULZ

skin types with little or no "downtime".

Initially, I thought I was way too young to think about these issues, but living in Southern California our skin does tend to age more quickly. Dr. Davoodifar affirmed that many of her clients are in my age group of 25 to 32, and feels it is never too early to think about the upkeep of our largest organ. And why not? I treat my hair to the salon, and I take my body to the gym, so why not care for my skin? Put my best "face" forward so to speak.

And I was glad I decided to have it. The Vitalize peel treatment is well tolerated by most all patients, with only minimal tingling of the skin and a very mild burning sensation. The peels are done in a series - about 3 to 4 weeks apart - for the best results. You can expect mild peeling for about a week after, but what is uncovered is your flawless skin, which has been hiding underneath all that dead skin and all those blackheads.

It is the perfect treatment to have done during your lunch hour. You can cover most of the peeling with moisturizer.

Actually, all of Dr. Davoodifar's treatments can be done during your lunch hour, which make them convenient as well as effective.

Skin care does not have to be invasive to be dramatic and you

don't have to be over a certain age to start maintaining a good skin care routine. With all the latest products out there, which make it easy and painless, why not? Choose a good professional with lot's of experience, and

most importantly, one with whom you feel comfortable. My vote goes for Dr. Davoodifar - not only is she an expert and highly skilled, she made me feel completely relaxed and at ease with the procedures. **tw**

*Dr. Susan Davoodifar has been practicing cosmetic dermatology for seven years and is the founder and Medical Director of the DermaSmooth Clinic in Irvine, CA, a highly specialized clinic, focusing on facial rejuvenation and aging prevention treatments and therapies. For more information, call 1.888.78.BOTOX or visit her website [dermasmoothclinic.com](http://dermasmoothclinic.com), where you can sign up for her monthly e-newsletter that features essential skin care tips.*

I have to tell you my skin has been glowing since I started my visits with Dr. Davoodifar.

As you know from my last article, I underwent the Botox® and Restylane® treatments with major results. I never thought the difference would be so dramatic---and sans pain. I've never felt more beautiful!

For treating my acne scars and large pores Dr. Davoodifar suggested I try the chemical peel series. I really did not want anything deep, as I am still young, just something that would help with the acne issues. Dr. Davoodifar informed me about the various chemical peels available and suggested that based on the condition of my skin, I would benefit most from the Vitalize Peel® and informed me about what it can do for me. I did some research on my own and found that the Vitalize Peel is perfect for the treatment of fine lines, sun damage, acne, light scars, etc. It is a researched based, clinically proven formulation that incorporates Retinoic Acid, Alpha Hydroxy Acids with Resorcinol and other active ingredients to create one of the strongest, but safest and most gentle half-hour peels available. The results are consistent and predictable for all



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